



TRAILS WEST JUNIOR C “T-DUBS”

Trails West has hosted a competitive Junior C team for over 20 years. Most recently, they placed third in the 2024 City Championships and advanced to play at the 2024 Alberta Junior C Provincials. The T-Dubs are not just a hockey team, they embrace a family-like spirit lead by a long-term and dedicated coaching staff. Players and coaches create a strong team experience both on and off the ice that is unparalleled. Wearing new team-designed game jerseys every season, the T-Dubs are a fun-filled and determined force to be reckoned with in the Junior C League!

Participants: Ages 18 – 20 years old

Number of participants on a Junior C roster: maximum 23 (21 players + 2 goaltenders) – only 19 players + 2 goaltenders can be dressed per game

Each team is permitted to roster a maximum of four (4) overaged players who are 21 years old.

Body-Checking: Junior C league is a body-checking league. Body-checking clinics are not provided although body-checking may be addressed by the coaches during practices.

Try-outs: Participants must register and **try-out** for the Junior team and must earn their spot on the team. Being registered does not guarantee a spot on the team.

A player or goaltender can only try-out with ONE Junior team at a time. They cannot tryout for a Junior B team and a Junior C team at the same time (ie. in case they are released from the Junior B team, they hope for a spot on the Junior C team). Participants must be released from one Junior team before trying out for another Junior team.

The Trails West Jr C Head Coach will determine the number of ice times participants skate before finalizing the Junior C team roster. It is usually between



3 and 6 skates with the team finalized by the start of the Junior C season (October 21, 2023).

Registration: There are no late registration fees as registration does not close until the team roster has been set by the Junior C Head Coach. Registration fees may be pro-rated for participants who register after the first practice.

The Hockey Calgary deadline for all Junior participants to be registered by is February 10, 2025.

Releases: A player or goaltender can be released from a Junior team up to January 10, 2025. Should a participant be released, a pro-rated refund will be issued as of date of release. If a participant is released, they can then reach out to another Junior team to try-out with them. The Trails West Junior C team rarely releases players this late and traditionally do not make any roster changes once league games have begun in October unless due to illness or injury of a rostered player.

First ice time: Friday, September 6, 2024

Team practices: Friday nights at 9:45 pm-11:00 pm at Flames Community Arenas – Red

T-Dubs game jerseys: Every season the team designs their own game jerseys. Cost varies however is typically \$250 for a home and away set including socks

Game schedule: There is no seeding in Junior C so games run the full season starting October 19, 2024 to February 24, 2025

Junior C playoffs are run in a best of 3 in a 3-round series.

Esso Minor Hockey Week: Junior C participates in EMHW which is January 10 – 18 2025

Junior C Provincials: Tentatively scheduled for March 28 – 30, 2025



May 2024

Tournaments: Tournament sanctions/schedule window requirements apply to Junior C same as community.

Other League Options for Junior aged players:

Junior B (Calgary Royals): Body-checking - Tryout required
<https://www.calgaryroyals.ca/>

Recreational Hockey: No body-checking - Unlimited spots
<https://www.rechockeycalgary.com/>

CONTACTS

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