



## **GAME PLAY 2 - Session #5**

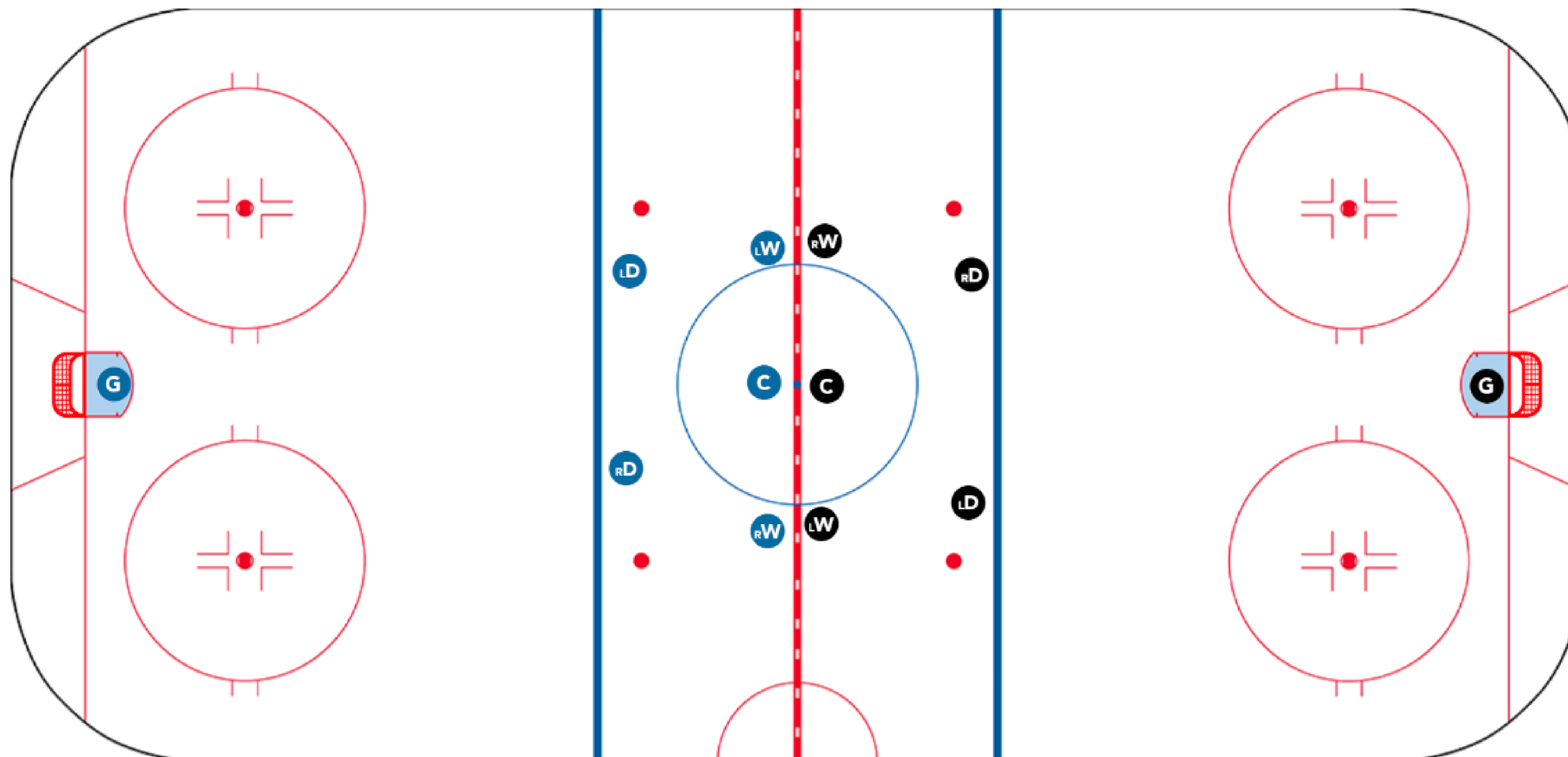


# Game Play - Session #4

**FULL ICE GAME - 5 on 5**

**Change on the Fly - 45 second shifts**

# 2



On Ice Coaches will select an appropriate warm up drill based on Age Group.  
Players will not be evaluated on the Warm Up Drill.