

TRAILS WEST JUNIOR C "T-DUBS"

Trails West has hosted a competitive Junior C team for over 20 years. Most recently, in their age division, they were the 2022 Esso Minor Hockey Week Champions, placed second in the 2022 City Championships and advanced to play at the 2022 Alberta Junior C Provincials. The T-Dubs are not just a hockey team, they embrace a family-like spirit lead by a long-term and dedicated coaching staff. Players and coaches create a strong team experience both on and off the ice that is unparalleled. Wearing new team-designed game jerseys every season, the T-Dubs are a fun-filled and determined force to be reckoned with in the Junior C League!

Participants: Ages 18 - 20 years old

Number of participants on a Junior C roster: maximum 23 (21 players + 2 goaltenders) – only 19 players + 2 goaltenders can be dressed per game

Each team is permitted to roster a maximum of four (4) overaged players who are 21 years old.

Body-Checking: Junior C league is a body-checking league. Body-checking clinics are not provided although body-checking may be addressed by the coaches during practices.

Try-outs: Participants must register and <u>try-out</u> for the Junior team and must earn their spot on the team. Being registered does not guarantee a spot on the team.

A player or goaltender can only try-out with ONE Junior team at a time. They cannot tryout for a Junior B team and a Junior C team at the same time (ie. in case they are released from the Junior B team, they hope for a spot on the Junior C team). <u>Participants must be released from one Junior team before trying out for another Junior team</u>.

The Trails West Jr C Head Coach will determine the number of ice times participants skate before finalizing the Junior C team roster. It is usually between



3 and 6 skates with the team finalized by the start of the Junior C season (October 21, 2023).

Registration: There are no late registration fees as registration does not close until the team roster has been set by the Junior C Head Coach. Registration fees may be pro-rated for participants who register after the first practice.

The Hockey Calgary deadline for all Junior participants to be registered by is February 10, 2024.

Releases: A player or goaltender can be released from a Junior team up to January 10, 2024. Should a participant be released, a pro-rated refund will be issued as of date of release. If a participant is released, they can then reach out to another Junior team to try-out with them. The Trails West Junior C team rarely releases players this late and traditionally do not make any roster changes once league games have begun in October unless due to illness or injury of a rostered player.

First ice time: Friday, September 8, 2023

Team practices: Friday nights at 9:45 pm-11:00 pm at Flames Community Arenas – Red

T-Dubs game jerseys: Every season the team designs their own game jerseys. Cost varies however is typically \$250 for a home and away set including socks. As this is an optional item for every player, the team has alternate jerseys should a player opt-out of purchasing the new jerseys.

Game schedule: There is no seeding in Junior C so games run the full season starting October 21, 2023 to February 25, 2024

Junior C playoffs are run in a best of 3 in a 3 round series.

Esso Minor Hockey Week: Junior C participates in EMHW which is January 12 – 20 2024

Junior C Provincials: Tentatively scheduled for March 29 – 31, 2024



Tournaments: Tournament sanctions/schedule window requirements apply to Junior C same as community.

Other League Options for Junior aged players:

<u>Junior B (Calgary Royals)</u>: Body-checking - Tryout required <u>https://www.calgaryroyals.ca/</u>

<u>Recreational Hockey:</u> No body-checking - Unlimited spots <u>https://www.rechockeycalgary.com/</u>

CONTACTS

Head Coach: Francesco Marasco coachU21@trailswesthockey.com

Manager: Julian Midgley U21@trailswesthockey.com

Trails West Administrator (Registrar): Courtney Dreger admin@trailswesthockey.com