



## U21 C (formerly Junior C)

### Evaluations

- Associations create **1 evaluation cohort** of no more than 50 participants
- Coaches/Associations **MUST** have their team roster down to 23 players (2 of which must be goaltenders) by **September 29, 2020** to allow for the mandatory 14-day isolation period prior to creating a new cohort for the first game of the season (tentatively scheduled for Oct 14)

### Sister Team Concept

- After teams are formed, there will be **mandatory 14-day isolation period** prior to the first game of the season (tentatively scheduled for **October 14, 2020**)
  - Teams are permitted to practice on their own leading up to Oct 14
- After 14-days teams are free to create a 'New Cohort'
  - Two teams will pair together to create a cohort and play a **3-game series** over the course of 1 week
- After the 3-game series, there will be another 14-day isolation period where teams will practice on their own
- They will then pair with a new team and create another 'New Cohort' for another series
- This process will continue...

### Seasonal Structure

- 6-8 teams
- 21 games (tentative)
- 3 game series every 3 weeks
- Game days: Wednesday, Saturday, Sunday
- 3-week cycle (Game week, practice week, practice week, etc.)

### Coaches

- Coaches will **NOT** be part of the cohort must maintain appropriate physical distance at all times
  - Team officials must maintain two-metre physical distancing from all other participants, and **wear masks within the dressing room.**
  - Team officials are to **wear masks while on the bench** but can remove them while coaching/ instructing on the ice.